

...BECOMING

My journey is probably no different than yours!

Partnering with several corporate entities was simply not feeding my inner being or encouraging me to discover the leader within. Instead I was allowing myself to be, think and do that which others desired, eroding self-worth and personal growth.

I had simply switched off, somehow believing that external influence was more appropriate than my own internal intuition. I was willing to sacrifice what was important to me in the workplace, conforming at my own expense. My inner being was slowly but surely dying, my inner voice remained silent and my spirit was broken. Signs of internal struggle started to be evident. I had become a machine, ready to 'be' at the push of an external button. I approached duties with less zest, started to disconnect from colleagues and experienced diminishing inner reward.



My body sent loud messages as it chose not to act on stage anymore, commencing a slow and agonising shutdown process. I was searching for clues on a long and winding path towards reconnection, as I stopped, looked, listened and felt. I cautiously believed when I started to receive inner messages. I explored methodologies to provide the best possible environment for this reconnection. I took time, much time! I connected deeply with feelings and emotions whilst surrounding myself with like-minded people. I shared some inner discoveries with my nearest and dearest, and stood in awe as the authentic inner leader emerged to shine brightly in today's corporate world.

Had I received a copy of **Become...in the Corporate World**, I wonder how my journey might have differed?

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