



BECOME...IN YOUR PERSONAL WORLD

WORKSHOP OVERVIEW

'become...in your personal world'

TARGET AUDIENCE

1. Anyone experiencing misalignment in life and well-being

Emotional discomfort will be evident within eg frustration, feeling stuck, experiencing vulnerability, wondering what it's all about etc. Any participant will most likely be seeking reason for and impetus to enable a shift.

2. Anyone with a high level of curiosity and awe towards self-development and self-leadership.

AIM:

'become...in your personal world' provides the opportunity to discover and work through barriers and situations we may face, whilst honouring and contextualizing the changing world of today!

OBJECTIVES:

Most people would relate to this list of objectives, all measurable and real.

- explore priorities for new outcomes in the changing world
- determine individual 'at risk' level regarding change
- apply a development process, the embers model, step by step
- witness real results emerge
- prepare for your future challenges

Additional and deeper objectives could be described as:

- sensitise reflections
- strengthen connectivity
- experience foundations your changing world requires
- welcome alternative approaches that result in deeper level outcomes
- forge collaboration on a deeper level
- build new meaning together
- take steps towards challenges that previously were intolerable

KEY TOPICS

- The Changing World's Foundations
- Level of Individual Risk for the Changing World
- The Embers Process
- Application to a Current Situation you face
- Lessons Learned

METHODOLOGY

Learner-centred approaches. Collaborative and social making of meaning. Reflection and Connection. Building foundations; applying to a change process. A highly interactive session, with content in the hands of the receiver!

TESTIMONIALS

1. I see 'embers' as the law of life – ensure you follow it and enjoy the service it provides you! It opens your eyes and gives you wings so you can find your purpose in life, so you can be YOU ...and this is just the beginning...

Daniela Maitland-Walker, Dubai

2. I sat back and observed a domino effect occur in the room. One by one, lights were switching on, with people entering the next step of their journey!

Niloofar Rouhani, Dubai